

## *facts about...*

### ***Laboratory - 3 Hour Glucose Tolerance Test Appointment Required***

- Description:*** Your doctor has requested that you have a 3-Hour Glucose Tolerance Test performed. This test measures your metabolic response to a specific glucose load.
- What to expect:*** Generally, an extended fast of 10 hours is required before testing. When you arrive at the laboratory you will have your fasting blood sample collected and consume a laboratory-provided syrupy drink containing a measured amount of glucose. You must consume the entire drink within 5-10 minutes. Once you have finished the drink, the time will be recorded and your blood will be collected 3 more times at 1 hour intervals. You should plan to be at the laboratory for slightly more than 3 hours. **Due to the time required in the laboratory, it is necessary to schedule your test ahead of time.**
- What to do:*** Always follow your physician's specific fasting instructions. Glucose tolerance testing can be scheduled at any of the sites listed below by calling the phone number at the site where you wish to have the test. Those sites are:  
***Evanston Hospital Outpatient Lab (847) 570-2242***  
***Glenbrook Hospital Outpatient Lab (847) 657-5978***  
***Highland Park Hospital Outpatient Lab (847) 480-2856***  
***Skokie Hospital ACC (847) 933-6425***  
***Gurnee-15 Tower Ct. (PSC) (847) 663-2100***  
***Gurnee ACC – Rollins Rd (847) 663-2100***  
***Lincolnwood PSC (847) 663-2100***  
***Old Orchard PSC (847) 663-2100***  
***Vernon Hills-Milwaukee Ave. PSC (847) 663-2100***  
***Mt. Prospect PSC (847) 663-2100***
- Who to call if you have questions:*** If you have questions or would like additional information, ***if you have*** please call NorthShore Lab Services (NSLS) at (847) 663-2100.